Hello, and thank you for taking the time to read this letter. Citizens for Prison Reform, AFSC Michigan Criminal Justice Program, and the ACLU would like to hear about your experience with Segregation, solitary confinement, or being Sensory and Socially Deprived (SSD).

If you are currently held in or ever did extended time (over 15 days) in Segregation, solitary confinement, or observation, please respond to these questions as you are willing and able:

1. How long were you/ have you been in segregation?

2. At which facilities were you in segregation?

3. Please describe your experience when you first entered segregation:

4. Please describe your experience as time went on. How did your activities change? How did your habits change? Anything else like sleep, hunger, ability to concentrate, etc.
5. What are things about isolation that are the most difficult to handle (i.e., the most dreaded part of segregation)?

6. Was/is fear a part of your experience?

7. Did you develop any lasting physical ailments as a result of segregation?

8. Please describe how your relationship with your family has changed during this period.
9. If you could either change or replace segregation, would you? How would you change it?

10. Anything else you think is important to include?

Thank you for taking the time to fill out this survey.

Please contact 734-761-9796 for further questions. This number is on the universal pin, meaning you can call this number collect Mon-Fri 8:30-4:30.

In peace,

Open MI Door